Northern Beaches Christian School is committed to a total Christian Education package. We believe that sport is a vital part of a balanced educational program and provides wonderful opportunities for character development.
Introduction

NBCS aims to provide a broad range of sporting opportunities for our students. We seek to encourage each student to strive for their personal best, regardless of their sporting interest or ability level. Our hope is to see each NBCS student find a sporting activity they can enjoy, thus contributing to a lifetime of good health.

At representative level, whilst we recognise there is value in winning, we consider it of secondary importance. Our primary focus is on helping students to enjoy themselves, develop their skills and character, and bring glory to God through our sporting endeavours.

Carnivals

NBCS runs school carnivals in swimming, cross country, and athletics. The Swimming Carnival is held at Warringah Aquatic Centre at the beginning of Term 1. The Cross Country Carnival is held throughout the school’s surrounding bush environment at the beginning of Term 2. The Athletics Carnival is usually held at the Sydney Academy of Sport (Narrabeen) in Term 2.

Aims & Objectives

As a school, our aim is to provide a comprehensive, structured and balanced program of sporting activities that provides students a positive experience of sport.

In doing so, we are aiming to achieve the following:
- Bring glory to God through our sporting endeavours.
- Enjoyment and fun.
- Develop character that reflects the Christian ethos of NBCS.
- Develop skills that enhance personal and team performance.
- The development of team and school spirit.
- Fostering of attitudes and interests that help students maintain an active lifestyle.
- Development of gifts that allow students to achieve at representative level if they desire.

Houses for School Competitions

NBCS allocates students (with their family members) into 1 of 4 ‘Houses’. These Houses compete against each other at NBCS Swimming, Cross Country and Athletics Carnivals, as well as in general class representation throughout the year.
Code of Conduct

NBCS is committed to our students displaying the highest level of sportsmanship and respect in all circumstances. The NBCS Sport Code of Conduct is a set of practical guidelines which serves to support our aims and objectives. Please read the following information carefully. Any breaches of the Sport Code of Conduct are likely to jeopardise future sporting participation. Whilst teams are picked by the respective coaches and selectors the ultimate discretion will remain with the Director of Sport regarding selection of students into teams.

Code of Conduct

Respect
Show the highest level of respect for all participants in all activities. This includes respect for the school, officials, coaches, your team, the opposition, the captain and spectators. Essential components of this respect code are listed below:

- Always play to the spirit of the rules and respect and abide by the official’s decisions in all circumstances. The Captain only may respectfully approach an official to clarify a ruling.
- Criticism (sledging) of the opposition, officials, coaches, supporters or a team mate will not be tolerated. Retaliation to opposition sledging is not accepted.
- No deliberate acts of violence or serious foul play will be tolerated.
- No foul language will be tolerated in any circumstances.
- Place the interests of your team above your own interests and give your best effort in all circumstances.

- Punctuality to training and games.
- Adhere to all dates for completion of transport arrangements & other organisational procedures.

Uniform
- Full NBCS Sports uniform or team uniforms will be worn for all sporting events. Students should not expect to take part in timetabled sport, carnivals or any representative team, unless they are in correct uniform.

Class Behaviour and Effort
- It is the student’s responsibility to ensure they do not fall behind on any class work missed while representing the school. Students are encouraged to see their teacher prior to their sporting event where possible. Students must also make alternate arrangements with their teacher if the event clashes with an assessment.
- Behaviour in class must be of an acceptable standard.
- Student’s may be excluded from representing the school if their efforts or behaviour in class are not satisfactory.

Sport Dates

Click Sport Calendar on the NBCS Sport website for:

- Secondary Calendar, and
- Representative Calendar
Sports offered in Secondary at NBCS

Timetabled Sports
Timetabled sport will take place on a Tuesday. These sports are offered seasonally at various times during Years 7-10:

- Acrobatic Cheerleading (DS)
- Aussie Rules
- American Tag Football
- Basketball
- Beach Volleyball
- Biathlon
- Boot Camp
- Boxing Fitness
- Bushwalking
- Circuit Training
- Cricket
- Dance
- Dodgeball
- Football (Soccer)
- Futsal
- Gaelic Football
- Geocaching
- Golf (DS)
- Gymnastics
- Kayaking & Paddleboarding
- Mountain Bike Riding (DS)
- Netball
- Pilates
- Rock Climbing
- Squash
- Surfing (DS)
- Tennis
- Touch Football
- Triathlon
- Ultimate Frisbee

Representative Sports
Representative sports are offered as part of our after-school Peninsula Cup competition (PC), Gala Days (GD), Carnivals and other representative pathways (P):

- AFL (P)
- Athletics (P)
- Basketball (GD, P)
- Cricket (GD, P)
- Cross Country (P)
- Equestrian (P)
- Football (PC, GD, P)
- Golf (P)
- Gymnastics (GD, P)
- Hockey (GD, P)
- Mountain Biking (GD)
- Netball (PC, GD, P)
- Rugby League (PC, GD, P)
- Rugby Union (PC, P)
- Snow Sports (P)
- Softball (GD, P)
- Swimming (P)
- Tennis (GD, P)
- Touch Football (GD, P)
- Triathlon (GD)

All Development Squads (DS) and Peninsula Cup (PC) training also take place during timetabled sport on a Tuesday afternoon. (Development Squad = elite coaching for selected students.)